



Avera Orthopedics and Sports Medicine Symposium Agenda

Friday June 8th, 2018

Best Western Ramkota Hotel

- 7:00 a.m. Registration Begins/ Continental Breakfast
7:45 a.m. Welcome & Announcements
- 8:00 a.m. **PANEL 1: Medical Aspects of Athletics**
The Dentist's Role on the Sports Medicine Team—Dr. Edward Bick
Common Finger Injuries in the Athlete—Dr. Kathlyn Drexler
Fatigue in the Athlete— Dr. Sam Schimelpfenig
- 9:30 a.m. **PANEL 1 Discussion - Dr. Bick, Dr. Drexler, Dr. Schimelpfenig** MODERATOR: Jason Askew
- 10:00 a.m. Refreshment Break/Vendor Fair
- 10:15 a.m. **PANEL 2: Optimizing Sport Performance**
Blood Flow Restriction Training – Fad or Game Changing? —Jay Eidsness, PT
Biomechanics – Steve Swanson, PhD, Treadmetrix
Rhabdomyolysis—Dr. Matthew Vukovich
- 11:45 a.m. **PANEL 2 Discussion – Jay Eidsness, Steve Swanson, Dr. Vukovich, Professor & Associate Dean for Research, South Dakota State University**
MODERATOR: Derek Ferley
- 12:15 p.m. **LUNCH**
- 1:00 p.m. **Surgical Treatment vs Conservative Treatment of Acute Achilles Tendon Ruptures — Dr. Brian Dix**
- 1:45 p.m. **Sports Medicine Potpourri**
Dr. Sam Schimelpfenig
- 2:30 p.m. Refreshment Break/Vendor Fair
- 2:45 p.m. **Fractures of the Clavicular Shaft**
Gustavo Diaz, PA
- 3:30 p.m. **Regenerative Sports Medicine – PRP, Stem Cells and Beyond**
Dr. Jonathan Buchanan
- 4:15 p.m. Close/Continuing Education & Evaluation

Thursday June 7th, 2018 – Symposium

Best Western Ramkota Hotel

3200 W Maple St., Sioux Falls

- 3:00 p.m. Registration for Symposium
- 3:30 p.m. Welcome & Announcements
- 3:40 p.m. **The Rotator Cuff From the Cradle to the Grave**
Dr. Matthew Blake
- 4:30 p.m. **Ultrasound in Sports--A Diagnostic and Therapeutic Modality**
Dr. Jonathan Buchanan
- 5:20 p.m. **Hip Pain in the Athlete: Coming to a Diagnosis and How to Treat**
Dr. Pat O'Brien
- 6:10 p.m. Panel Discussion
- 6:45 p.m. Closing