

# Avera Orthopedics and Sports Medicine Symposium

## Agenda



### Thursday June 8<sup>th</sup>, 2017 – Symposium

#### Best Western Ramkota Hotel

3200 W Maple St., Sioux Falls

3:00 p.m.	Registration for Symposium
3:30 p.m.	Welcome & Announcements
3:40 p.m.	Orthopedic Trauma—Dr. Michael C. Devish
4:30 p.m.	Cartilage Injuries of the Knee: Meniscal Tears to Articular Defects—Dr. Patrick M. O'Brien
5:20 p.m.	A Case of Chronic Fatigue in a Competitive Athlete—Dr. Samuel Schimelpfenig
6:10 p.m.	Closing

- ◆ Objectives can be viewed at <https://avera.cloud-cme>.
- ◆ Presentations will be available on the CloudCME app which you can download to your phone from your app store OR on the conference registration link.



### Friday June 9<sup>th</sup>, 2017

#### Best Western Ramkota Hotel

3200 W Maple St., Sioux Falls

7:15 a.m.	Registration Begins/ Continental Breakfast
7:45 a.m.	<b>Welcome &amp; Announcements</b>
8:00 a.m.	<b>PANEL 1: Medical Aspects of Athletics</b> *Anemic Athlete—Dr. Nathan J. Timmer *Exercise Induced Asthma—Dr. Anthony Hericks *Recognition and Treatment of the Female Athlete Triad—Dr. Heidi Werner 9:30 a.m. PANEL 1 Discussion - Dr. Timmer, Dr. Hericks, Dr. Werner, MODERATOR: Dr. Sam Schimelpfenig
10:00 a.m.	<b>Refreshment Break/Vendor Fair</b>
10:15 a.m.	<b>PANEL 2: Optimizing Sport Performance</b> *The Psychology of Sports Injury & Rehab—Mike Grevlos, PhD *Vitamin D and Physician Performance- Dr. Shane Scholten *Fueling Sport Performance-Blending the Latest Sport Science with Sport Nutrition--Dr. Christopher Bach, PhD, CSCS 11:45 a.m. PANEL 2 Discussion – Dr. Grevlos, Dr. Scholten, Dr. Bach, MODERATOR: Derek Ferley
12:15 p.m.	<b>LUNCH</b>
1:00 p.m.	<b>EDUCATION SESSIONS</b> *Running Again: Who is a Proper Candidate for Running with a Prosthesis—Terry Wietfeld *Athletes with Diabetes: Tips for Safety & Success—Mary Oyos RN, MS, BC-ADM, CDE *Ready to Play after ACL Reconstructions?—Jay Eidsness, MSPT & Erik Hanson, MS, ATC, CSCS
1:45 p.m.	<b>Refreshment Break/Vendor Fair</b>
2:00 p.m.	<b>Hands-On Sessions</b> *Orthopedic Skills Assessment—Roy Osborn PT, DPT, MS, OCS, Dr. O'Brien, Dr. Schimelpfenig *U/E Splint Fabrication for the Athlete—Stephan Kulzer OTR/L, CHT & Andrea Ransom OTR/L, CHT
3:45 p.m.	Close/Continuing Education & Evaluation