



Caring Professionals Conference: Nurturing the Caregiver

Wednesday, May 16, 2018 • 8:30 a.m. – 4 p.m.

Sioux Falls Convention Center

1201 N. West Avenue • Sioux Falls, SD

AGENDA

8 a.m. **Registration / Breakfast
Vendor Fair**

8:30 a.m. **Welcome and Opening Prayer**
Joseph Seurer, MD
Avera Medical Group

8:45 a.m. **Inspired Care**
*Rich Bluni, RN, Senior Leader, National
Speaker, Author, Studer Group*

10:15 a.m. **Break and Vendor Fair**

10:45 a.m. **Education Session 1 (Choose 1)**

He-art Prints: Putting Color to Scripture
*Melissa M. Johnson, Owner of Oh My
Cupcakes! And Co-Owner of Oh My Word -
Meeting Room 13 & 14*

Inspiring Art – Finding Hope
*Jennifer Albrecht, MAT, LPC-MH, LAC,
Mental Health and Addiction Therapist
Avera McKennan Behavioral Health -
Meeting Room 6 & 7*

**Essential Oils: Detox Your Environment,
Improve Your Health**
*Dawn Flickema, MD, Avera Medical Group
Integrative Medicine - Meeting Room 9 & 10*

Healthy Eating in a Crunch
*Lauren Cornay, RD, LN, Community and
Clinical Dietitian, Avera Heart Hospital of
South Dakota - Meeting Room 11 & 12*

Advance Care Planning
*Francine Arneson, MD, Avera Medical Group
Palliative Care - Meeting Room 8*

11:30 p.m. **Lunch Prayer
Lunch / Vendor Fair**

12:15 p.m. **Inspired Care (Continued)**
*Rich Bluni, RN, Senior Leader, National
Speaker, Author, Studer Group*

1:30 p.m. **Education Session 2 (Choose 1)**

He-art Prints: Putting Color to Scripture
*Melissa M. Johnson, Owner of Oh My
Cupcakes! And Co-Owner of Oh My Word -
Meeting Room 13 & 14*

Inspiring Art – Finding Hope
*Jennifer Albrecht, MAT, LPC-MH, LAC,
Mental Health and Addiction Therapist
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*Lauren Cornay, RD, LN, Community and
Clinical Dietitian, Avera Heart Hospital of
South Dakota - Meeting Room 8*

**Mindfulness and Deep Breathing for
Stress Management**
*Megan Engdahl, CSW-PIP, QMHP,
Outpatient Therapist, Avera Behavioral Health -
Meeting Room 11 & 12*

2:15 p.m. **Dessert Break**

2:45 p.m. **Learning from Those We Serve**
*Erika Allen, Rapid City, SD, Cancer Survivor
Karen Garnaas, MD, Neurologist*

3:45 p.m. **Blessing of the Hands**