

eCare Behavioral Health: Trauma-Informed Care (TIC)

Presented by: Collin Block, MSW

An e-Learning course available on the Avera CE Portal

Program Goal: Trauma-informed care (TIC) is an approach to care that recognizes many individuals have had past trauma. This course reviews approaches to care that recognizes the impacts of trauma and utilizes core principles of patient empowerment, choice, collaboration, safety and trustworthiness to provide care. Adverse childhood experiences (ACEs) and handling trauma in the primary settings is reviewed. Additionally, motivational interviewing, active listening and the active ingredients approach to trauma treatment is discussed.

Target Audience: Physician, Nurse, Social Worker

Objectives:

- 1 Recognize the neurological, biological, psychological impact of trauma.
- 2 Describe the core principles of trauma-informed care.
- 3 Identify effects adverse childhood events (ACEs) have on an individual.
- 4 Utilize motivational interviewing and active listening to empower the patient.

Outcome: 100% of learners will demonstrate knowledge of trauma-informed care by passing a post-test with score of $\geq 80\%$.

Feedback Person for this education is: Whitney.flanagan@avera.org. If you have any questions, contact them.

For successful completion:

- a. View the education activity
- b. Complete the post-test with a score of $\geq 80\%$.
- c. Complete the evaluation

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians. Avera designates this educational activity for a maximum of **0.75** AMA PRA Category 1 Credit™ per session.

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total **0.75** contact hours can be received upon completion of this activity.

Avera Health Provider #1029 is an approved provider of continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive **0.75** continuing education clock hours for participating in this course.

Policy on Disclosure: Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance to this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
AARON BUTE, RN	Committee Planning Member	Nothing to disclose
Collin J Block, MSW	Content Expert - Committee Member, Faculty	Nothing to disclose
Whitney Flanagan, BAN, MBA, RN-BC, Nurse	Nurse Planner	Nothing to disclose

Enduring material available from 6/4/2021 to 6/15/2022

This course content was reviewed on 6/4/2021.

