

References:

1. Goodman, Neil F et al. "American Association of Clinical Endocrinologists Medical Guidelines for Clinical Practice for the diagnosis and treatment of menopause." *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists* vol. 17 Suppl 6 (2011): 1-25. doi:10.4158/ep.17.s6.1
2. Harper-Harrison G, Carlson K, Shanahan MM. Hormone Replacement Therapy. [Updated 2024 Aug 11]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2024 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK493191/>
3. Stuenkel, Cynthia A et al. "Treatment of Symptoms of the Menopause: An Endocrine Society Clinical Practice Guideline." *The Journal of clinical endocrinology and metabolism* vol. 100,11 (2015): 3975-4011. doi:10.1210/jc.2015-2236
4. Mehta J, Kling JM, Manson JE. Risks, Benefits, and Treatment Modalities of Menopausal Hormone Therapy: Current Concepts. *Front Endocrinol (Lausanne)*. 2021 Mar 26;12:564781. doi: 10.3389/fendo.2021.564781. PMID: 33841322; PMCID: PMC8034540.
5. Martin, Kathryn et al., 2023 Jan. Preparations for menopausal hormone therapy. In: UpToDate. [online] Available at: https://www.uptodate.com/contents/preparations-for-menopausal-hormone-therapy?search=estrogen%20progesterone%20combination%20contraceptives&source=search_result&selectedTitle=2%7E150&usage_type=default&display_rank=2#H3474542411 [Accessed 9 September 2024].
6. "Goodrx for Healthcare Professionals." GoodRx, GoodRx, Inc., 2024, www.goodrx.com/hcp.
7. Pinkerton, JoAnn. "Menopause." *MSD Manual Professional Edition*, Merck & Co. Inc., July 2023, www.msdmanuals.com/professional/gynecology-and-obstetrics/menopause/menopause.
8. Chlebowski, Rowan T et al. "Breast Cancer After Use of Estrogen Plus Progestin and Estrogen Alone: Analyses of Data From 2 Women's Health Initiative Randomized Clinical Trials." *JAMA oncology* vol. 1,3 (2015): 296-305. doi:10.1001/jamaoncol.2015.0494
9. Lukacz, Emily et al., 2024 Feb. Female urinary incontinence: Treatment. In: UpToDate. [online] Available at: https://www.uptodate.com/contents/female-urinary-incontinence-treatment?search=estrogen%20therapy%20and%20stress%20urinary%20incontinence&source=search_result&selectedTitle=6%7E150&usage_type=default&display_rank=6#H1890993655 [Accessed 17 February 2025].
10. A Guide to Perimenopause, Menopause, and Postmenopause. Georgetown University School of Nursing. (September 30, 2021). <https://online.nursing.georgetown.edu/blog/a-guide-to-perimenopause-menopause-and-postmenopause/>
11. Astellas Pharma Inc. Astellas' VEOZAHTM (fezolinetant) Approved by U.S. FDA for Treatment of Vasomotor Symptoms Due to Menopause. Published May 13, 2023. <https://www.astellas.com/en/news/27756#:~:text=TOKYO%2C%20May%202023%20%E2%80%93%20Astellas,menopause1%20on%20May%2012>.

12. Astellas Pharma Inc. (n.d.). VEOZAHTM (fezolinetant) tablets 45 mg. VeozahHCP. Accessed September 12, 2024. <https://www.veozahhcp.com/>
13. Biglia, N., Bounous, V. E., De Seta, F., Lello, S., Nappi, R. E., & Paoletti, A. M. (2019). Non-hormonal strategies for managing menopausal symptoms in cancer survivors: an update. *Ecancermedicalscience*, 13, 909. <https://doi.org/10.3332/ecancer.2019.909>
14. Bromberger JT, Kravitz HM. Mood and menopause: findings from the Study of Women's Health Across the Nation (SWAN) over 10 years. *Obstet Gynecol Clin North Am*. 2011;38(3):609-625.
15. Casper, R. (May 14, 2024). Patient education: Menopause (Beyond the Basics). UpToDate. <https://www.uptodate.com/contents/non-estrogen-treatments-for-menopausal-symptoms-beyond-the-basics>
16. Iyer, T. K., Fiffick, A. N., & Batur, P. (2024). Nonhormone therapies for vasomotor symptom management. *Cleve Clin J Med*. 91(4), 237–244. <https://doi.org/10.3949/ccjm.91a.23067>
17. Menopause. Cleveland Clinic. (June 25, 2024). <https://my.clevelandclinic.org/health/diseases/21841-menopause>
18. Menopause. Merative Micromedex. Merative. Ann Arbor, MI. Accessed September 5, 2024. <https://www.micromedexsolutions.com/>
19. Merz, B. (March 20, 2017). Nonhormonal treatments for Menopause. Harvard Health. <https://www.health.harvard.edu/womens-health/nonhormonal-treatments-for-menopause>
20. National Institutes of Health. (September 30, 2021). What is menopause? National Institute on Aging. <https://www.nia.nih.gov/health/menopause/what-menopause>
21. Randolph JF Jr, Sowers M, Bondarenko I, et al. The relationship of longitudinal change in reproductive hormones and vasomotor symptoms during the menopausal transition. *J Clin Endocrinol Metab*. 2005;90(11):6106-6112.
22. Reed SD, Lampe JW, Qu C, et al. Premenopausal vasomotor symptoms in an ethnically diverse population. *Menopause*. 2014;21(2):153-158.
23. “The 2023 Nonhormone Therapy Position Statement of The North American Menopause Society” Advisory Panel. The 2023 nonhormone therapy position statement of The North American Menopause Society. *Menopause*. 2023;30(6):573-590.
24. VEOZAHTM package insert. Northbrook, IL: Astellas Inc. Accessed September 12, 2024.