Avera Friday Forums -Emotional Recognition and Regulation – How We Help Our Students Succeed (Nov 15 2019)

Speaker: «FullName»

11/15/2019 2:00:00 PM-11/15/2019 3:00:00 PM

Sioux Falls

Prior to the education, create an account in the CE Portal if you have not
already done so. [For directions, click here.](https://www.avera.org/app/calendar/event/detail.aspx?eventId=47f6abc4-ab57-e311-af5d-001ec9e06176)

**Purpose:** This educational series is specially designed to educate Nurses, Teachers, Counselors, Social Workers, and other disciplines who work with children and adolescent youth, particularly in the school setting, on behavioral health topics.

During this activity the participants will learn signs and symptoms of mental health disorders, common crises experienced with mental health disorders and crisis de-escalation skills including motivational interviewing techniques.

**Objectives:**

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1. Recognize the prevalence of childhood maltreatment and the effects on neurodevelopment.

2. Describe emotional recognition and coregulation

3. Identify examples of emotional recognition and coregulation for students

**Target Audience:** Psychiatry, Behavioral Health

**For successful completion:**

* + To record attendance and obtain CE credit, you must have an Avera CE Portal Profile.
	+ You must bring your mobile phone: Attendance will be recorded via text message.
	+ To receive a CE certificate, you must log in to your Avera CE Portal Profile after the educational activity and complete the evaluation.

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians. Avera designates this educational activity for a maximum of 1.00 AMA PRA Category 1 Credit per session. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Avera is an Approved Provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. A total 0.00 contact hours can be received upon completion of this activity. Attendance at the entire educational activity is required to receive contact hours.

Avera , Provider #1029, is an Approved Provider for continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive 0.00 continuing education clock hours for participating in this course.

Policy on Disclosure: Continuing Education credits have been approved for this event. Due to the regulations required for CE credits all conflict of interest that the presenter(s) or planning committee members have needs to be fully disclosed to participants. In observance to this requirement we are providing the following disclosure information:

Nikki Eining, CSW-PIP, QMHP: Nothing to disclose