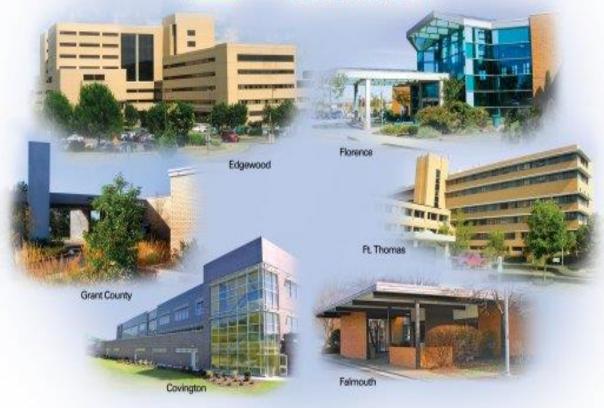
"How can you laugh at that?" A Closer Look at the Use of Humor in Nursing

Terry M. Foster, RN, MSN, FAEN, CCRN, CPEN, TCRN, CEN Clinical Nurse Specialist St. Elizabeth Medical Center Edgewood, Kentucky







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by Red Cross Volunteen Terry Foster



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I love these kind of talks...

What kind of humor do nurses have?

Sick, Warped, & Twisted!

Have you happened to have noticed, that we laugh--out loud--at things that normal people do not find funny?

The Story With My In-Laws Where I Figured This Out!

The Use of Nursing Humor

- Proceed with caution!
- We laugh together
- We cry alone

Our Work:

- What we see...
- What we know...
- What we take home
- with us...

Nurse Type Behaviors

- Patricia Benner
 - ◆"From Novice To Expert"
- Critical Thinking
- Nursing Intuition

Some of Our "Behaviors"

- The things we do...
- The things we say...
- Our families and our children: "God help 'em!"

The Nun and the Stripper

"He's oriental."

"I'm hurtin' in my semi-privates."

"Nurse, I done fell out."

God Save the Queen!



"He uses a Provolone inhaler."

"I got the vomickin & the diarrears!"

The Little Old Lady Having Mini-Strokes

D.O.A.

versus

D.R.T.

"I am crazy.
I mean, I am really crazy.
Hell, I'm tripolar!"

"My girlfriend has mental problems...
she's bipolaroid."

"It was a rusty nail so I know I need a technical shot."

"I had a linguini hernia down there."

The Drunk Guy With The Head Injury

"We had to use that Kentucky jelly."

"She had a pelvic shazam."

"Smilin' Mighty Jesus!"

"I've got fireballs of the Eucharist."

"I'm allergic to Vicodin 5mg...

but I can take the 7.5mg!"

Nurse asks the question: "Are you sexually active?"

The three best answers...

"No, I'm married."

"No, but my husband is!"

"Not really...

I just lay there."









If laughter, in the often grueling moments of life, maintains our sanity for one more month, week, hour, or even one more minute... then it's well worth it!

Thank you! Terry M. Foster, RN www.TerryFosterRN.com Phone: 859-992-1401 "Like" my Facebook page: www.facebook.com/TerryFosterRN/

