Care of the Post-Bariatric Surgery Patient

Presented by: Kim McCoy

1. PURPOSE: Upon completion of this activity, learners will have a better understanding of how to care for a post bariatric surgery patient.

2. OBJECTIVES:

At the conclusion, participants should be able to:

- a) List 2 lifestyle behaviors that will help patients with long-term weight loss success.
- b) Assess if patients are reaching their weight loss goals.
- c) Explain the physiological rationale as to why patients may develop nutritional deficiencies post surgery.
- d) Differentiate reasons for dysphagia due to poor eating behaviors or due to a more serious surgical complication.
- 3. In order for you to successfully complete this activity and receive 1.0 CNE and CME, you must:
 - Register for the online activity
 - b. Complete the Pre-test
 - c. View the attached video
 - d. Complete the post test
 - e. Complete the evaluation
- **4. Feedback Person** for this education activity are listed below. If you have questions please contact them.
 - a. Name & Email: Kim McCoy Kim.McCoy@avera.org
- 5. There is no conflict of interest related to this activity identified by planners, content specialists or feedback persons.
- 6. The expiration date for contact hours for this activity is 3/10/2018.

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