



7 is the New 8: Indications for Transfusion

1. **PURPOSE:** Upon completion of this activity the learner will understand the risks and benefits of red blood cell transfusion, including transfusion reactions and cost of transfusion. The learner will also understand the benefits behind a restrictive approach to red blood cell transfusion.
2. **OBJECTIVES:**

At the conclusion, participants should be able to:

 - 1.) Describe risks of red blood cell transfusion.
 - 2.) Review the data for restrictive transfusion strategy.
 - 3.) Define Avera's new restrictive transfusion policy.
3. In order for you to successfully complete this activity and receive **1.0** CNE and CME, you must:
 - a. Register for the online activity
 - b. Complete the Pre-test
 - c. View the attached video
 - d. Complete the post test
 - e. Complete the evaluation
4. **Feedback Person** for this education activity are listed below. If you have questions please contact them via e-mail.
 - a. Cindy Pirrung
Email: cindy.pirrung@avera.org
5. There is no conflict of interest related to this activity identified by planners, content specialists or feedback persons.
6. The expiration date for nursing contact hours for this activity is 1/31/2019.

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians. Avera designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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