

Avera Friday Forums: QPR (Question, Persuade, Respond)

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An e-learning course available on the Avera CE Portal

Purpose: This educational series is specially designed to educate Nurses, Teachers, Counselors, Social Workers, and other disciplines who work with children and adolescent youth, particularly in the school setting, on behavioral health topics.

QPR - QPR stands for Question, Persuade and Refer, three steps anyone can learn to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. In this one hour training, participants first learn about the nature of suicidal communications, what forms these communications take and how they may be used as a stimulus for a QPR intervention.

The Helpline Center answers the National Suicide Prevention Lifeline for the state of South Dakota. We recognize the need for awareness and education about suicide prevention to help break the stigma and save lives. By working together and spreading awareness we can all help to save lives.

Objectives:

1. Identify the nature of suicidal communications (warning signs).
2. Recognize the warning signs, both direct and indirect.
3. Demonstrate how to be a stimulus for a QPR intervention.

Target Audience: Psychiatry, Behavioral Health

All planning committee and presenters have no conflict of interest to disclose related to the content of this presentation.

Enduring material available from 2/19/2020 to 02/28/2021

Avera is an Approved Provider of nursing continuing professional development by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. A total of 1.0 contact hours can be received upon completion of this activity.

Avera, Provider #1029, is an Approved Provider for continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive 1.00 continuing education clock hours for participating in this course.

The South Dakota Board of Examiners for Counselors and Marriage and Family Therapists has approved this activity for 1.0 continuing education credits. Program #BCE-2019-178.

