

# Avera Virtual CNE – Ambulatory Care: Obstructive Sleep Apnea and Sleep Studies

**PURPOSE:** This educational activity is part of the Avera vCNE Series. This session will review obstructive sleep apnea (OSA) including pathophysiology, signs and symptoms, patient assessment. It will also detail referral for sleep studies and data gathered in a sleep study. The vCNE Series is specially designed to update participants on hot topics, evidence based practice and Avera’s current strategic initiatives.

## **OBJECTIVES:**

At the conclusion, participants should be able to:

- 1 Review obstructive sleep apnea (OSA) including pathophysiology, signs and symptoms, patient assessment.
- 2 Identify process for referral to a sleep study and data gathered in a sleep study.

In order for you to successfully complete this activity and receive **1.0 CNE or 1.0 Medical Assistant Credit**, you must:

- a. Register for the online activity
- b. View the attached video
- c. Complete the evaluation

**Feedback Person** for this education activity are listed below. If you have questions please contact them.

- a. Name & Email: [whitney.Flanagan@avera.org](mailto:whitney.Flanagan@avera.org)

There is no conflict of interest related to this activity identified by planners, content specialists or feedback persons.

The expiration date for credit hours for this activity is **7/31/2020**.

## **CNE:**

*Avera is an Approved Provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. A total of **1.0** contact hours can be received upon completion of this activity.*

## **Medical Assistant:**

*This educational activity has been approved by the American Association of Medical Assistants for 1.0 hour.*

Continuing Education credits have been approved for this event. Due to the regulations required for CE credits all conflict of interest that the presenter(s) or planning committee members have needs to be fully disclosed to participants. In observance to this requirement we are informing you that all planners and faculty has provided disclosure statement that he/she has no conflict of interest to disclose.