

# South Dakota SBIRT Online Training

**PURPOSE:** The South Dakota Department of Social Services, Division of Behavioral Health has created an online training to provide an understanding of SBIRT techniques and tools as well as the importance of integrating SBIRT into primary care systems. The purpose of the SBIRT Program is to implement Screening, Brief Intervention, and Referral to Treatment services for adults in primary care and community health settings for substance misuse and substance use disorders (SUD) as well as mental health concerns.

## **OBJECTIVES:**

At the conclusion, participants should be able to:

1 Outline the basics of South Dakota SBIRT. 2 Describe how the SBIRT module can be used in a primary care practice. 3 Describe the initial SBIRT screening process and the possible need for a Brief Intervention, Brief Treatment, or Referral to Treatment. 4 Describe Substance Abuse and Mental Health Services Administration (SAMHSA) and the history of SBIRT. 5 Describe the importance of integrating SBIRT into a primary care. 6 Explain why SBIRT is an important component to have within primary care systems throughout South Dakota. 7 Explain the significance of statistics regarding substance use and mental health issues within South Dakota. 8 Explain the process of integrating the screenings into the office visit. 9 Describe the process and purpose of use for the AUDIT-C (AUDIT-as needed), DAST-10, and PHQ-9. 10 Identify additional support available for patients as it relates to the screening process. 11 Outline the basics of a Brief Negotiated Interview as it applies to a Brief Intervention. 12 Summarize the three models available when conducting a Brief Intervention. 13 Explain the importance of using Motivational Interviewing when conducting a Brief Intervention. 14 Explain the concept of Brief Treatment for a patient who falls in the harmful level of use. 15 Describe the process of referring a patient for Brief Treatment. 16 Describe the Integrated Change Therapy Model (ICT) as it relates to Brief Treatment. 17 Explain the concept of Referral to Treatment for a patient who falls in the severe/dependent level of use. 18 Describe the process of referring a patient to treatment. 19 Recall the various substance use service levels of care.

In order for you to successfully complete this activity and receive **4.0 CNE and/or CME and/or SW**, you must:

- a. Go to <https://sdsbirtcc.brightspace.com>; create your username and password; select the SBIRT to enroll
- b. After completing all course materials, click the link to the Avera CE Portal to claim credit
- c. If you already have an Avera CE Portal account, sign in. If you do not have an Avera CE Portal Account, create one.
- d. Click on Content & Tests tab to verify completion.
- e. Complete the course evaluation
- f. After completing the course evaluation, a certificate will be directly emailed to you

**Feedback Person** for this education activity are listed below. If you have questions please contact them.

- a. Name & Email: [whitney.Flanagan@avera.org](mailto:whitney.Flanagan@avera.org)

There is no conflict of interest related to this activity identified by planners, content specialists or feedback persons.

The expiration date for nursing contact hours for this activity is **08/31/2020**.

*Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians. Avera designates this educational activity for a maximum of **4.0** AMA PRA Category 1 Credit. Physicians should only claim credit commensurate with the extent of their participation in the activity.*

*Avera is an Approved Provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. A total of **4.0** contact hours can be received upon completion of this activity.*

Avera Health Provider #1029 is an approved provider of continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive **4.0** continuing education clock hours for participating in this course.

