



# Human Trafficking Right here, right now

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Loving Father,

We seek your divine protection for all who are exploited and enslaved.

For those forced into labor, trafficked into sexual slavery, and denied freedom.

We beseech you to release them from their chains.

Grant them protection, safety, and empowerment.

Restore their dignity and provide them a new beginning.

Show us how we might end exploitation by addressing its causes.

Help us reach out in support of victims and survivors of human trafficking.

Make us instruments of your spirit for their liberation.

For this we pray through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever.

Amen

## Human trafficking is defined as...

- Enslaved by **force, fraud or coercion**
  - If under 18 old, elements do not have to be met
- Purpose of commercial sexual or labor exploitation
- **Sex industries:**
  - Prostitution, pornography, sex tourism and forced marriage
- **Domestic work:**
  - Sweatshop work, migrant farming, begging and armed services

It thrives because there is serious demand



Buyer

- Fuels the market with their money



Victim

- Includes boys, girls, and women who are sold for profit



Trafficker/ Pimp

- Exploits victims to earn revenue from buyers



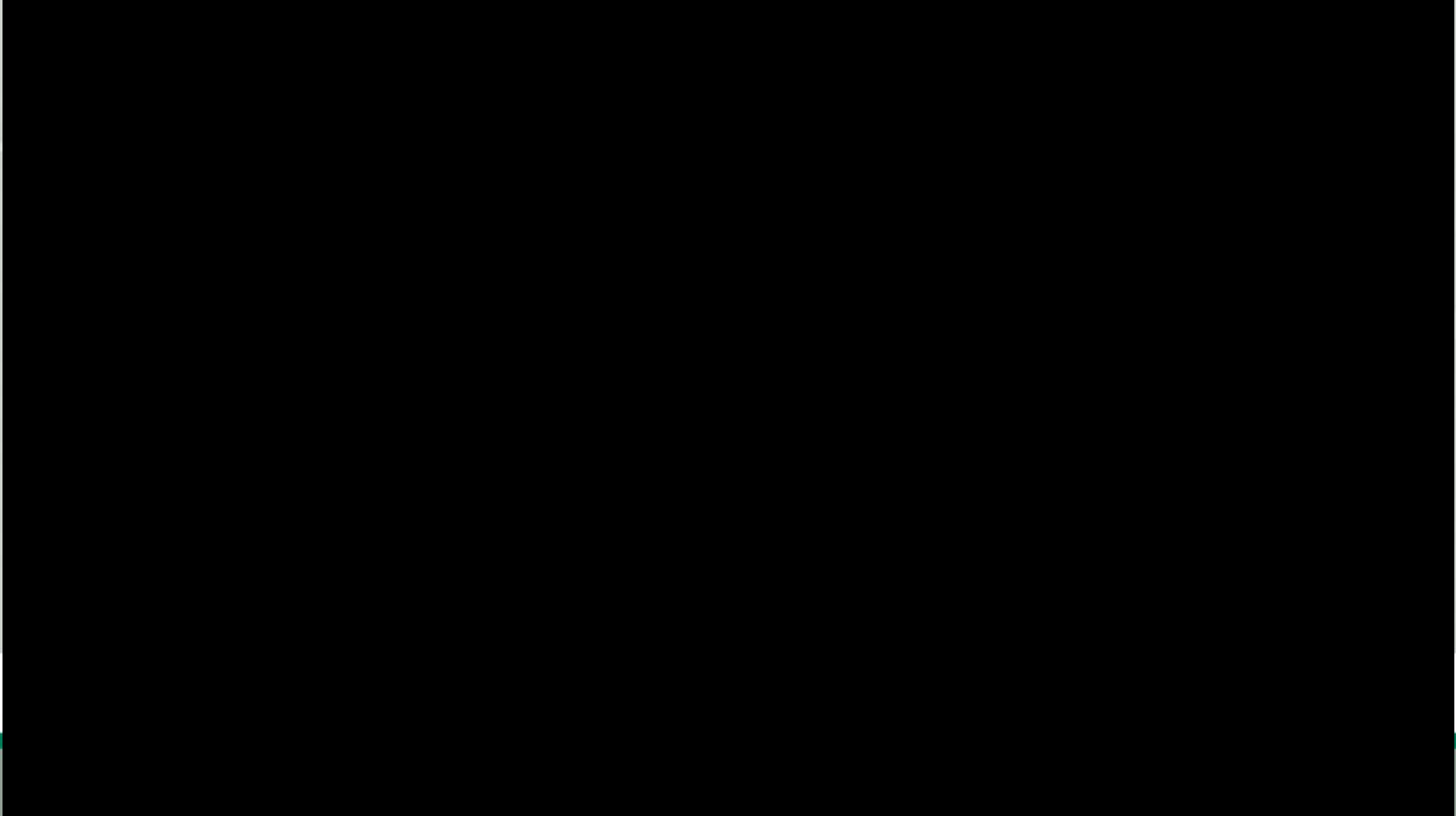
## Realities

- 2<sup>nd</sup> largest criminal industry in the world
- Approximately 40 million in modern day slavery
- 1-3% of victims are identified
- 88% connect with healthcare organizations

## Realities

- 527 trafficking-related calls in South Dakota since 2007
- 80 federal cases reported in South Dakota
- “The Midwest Pipeline” I-29 & I-90 (in South Dakota)
- More important: the faces and life-altering impacts

# “Plain Sight”

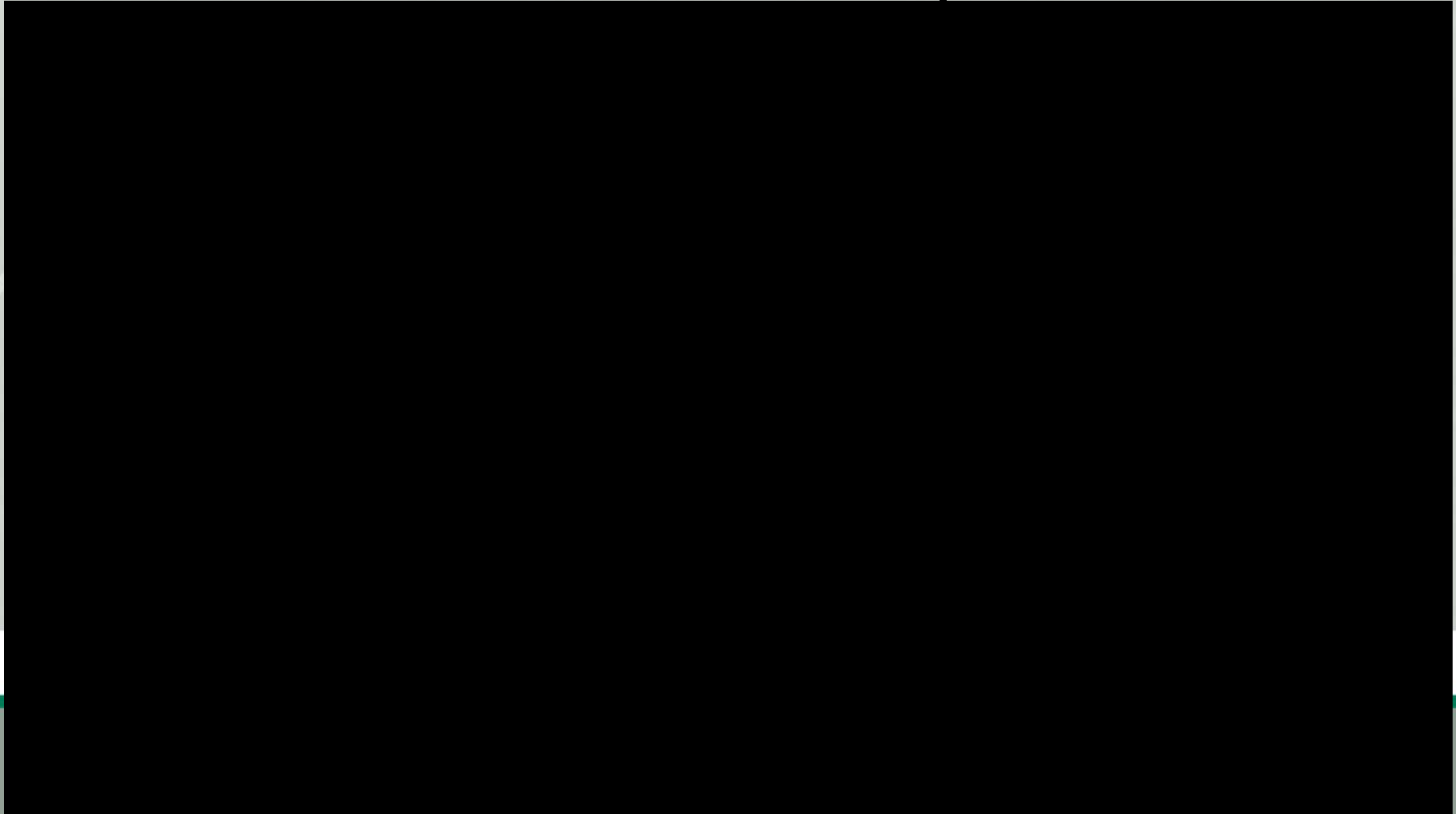


# Three types of human trafficking

- Event
- Transit
- Familial



# Caroline's Story:



# Why does exploitation happen?

## Push Factors

- Poverty/economic difficulty
- Homelessness
- Intimate partner violence, prior sexual abuse, and other forms of trauma
- Lack of opportunity and jobs

## Pull Factors

- Desire for better life
- Safety or protection
- Support and love
- False opportunities
- Money, drugs, validation, or belonging

# “Red Flags” in clinical settings

- Delayed presentation for medical care
- Discrepancies between stated history and clinical presentation
- Scripted, memorized, or mechanically recited history
- Stated age older than visual appearance
- Subordinate, hyper-vigilant, or fearful demeanor
- Does not speak on own behalf and/or accompanying individual who insists on speaking for person, refuses to leave

# “Red Flags”

- Evidence of physical violence, including torture
- Lack of identification documents or in possession by another
- Tattoos or other marks that may indicate “ownership”
- Patient dressed inappropriately
- Patient seems to be in controlled situation or is continually receiving calls
- Patient is not aware of his/her location

# Role of Trauma

- Endured high level of trauma that was dehumanizing, shocking, and/or terrifying
- Loss of safety and betrayal by a trusted person or institution
- Trauma bonds
  - Make it difficult to recognize or believe they need help

# Qualities that help establish trust

- Perceives to be knowledgeable about abuse and violence
- Nonjudgmental, be authentic
- Respectful
- Caring--Create a safe place
- Supportive—Do not promise anything you can not deliver
- Provide information and resources
- Employs a trauma-sensitive approach to evaluation and treatment

## Sample Messages to use with a victim to gain trust:

- “You can trust me.”
- “I am here to help you.”
- “We will give you the care you need.”
- “We can help you find a safe place to stay.”
- “No one has the right to hurt you or make you do things against your will.”





# Identifying victims

- Train all stakeholders to help shift the perspective
- Forge partnerships with community-based providers
- Implement a protocol for trafficking screening
- Implement a protocol for response

# Screening for human trafficking

TVIT (Trafficking Victim Identification Tool)

<https://www.vera.org/>

# Medical protocols for human trafficking

<https://healtrafficking.org>

## What to do as a health care worker:

- Attend to their medical needs and treatment
- Assesses safety/danger. Separate the patient from the support person who may be their trafficker. Secure a private space for patient and limit the number of staff involved.
- Determine if an additional professional with more experience is needed (e.g. SANE, staff nurse, nurse practitioner, social worker) If the patient is a female, the approach should be made by a female staff member.

## What to do as a health care worker:

- Ensure that there are no language barriers and provide a screened interpreter, if necessary. Use interpreters that do not know the victim. Do not use family members or children as that could be damaging.
- If you determine that your patient is being sexually exploited or is at risk of sexual exploitation, contact advocate in your area.
- Consider your own safety, as well as the safety of the victim. While vital, intervention can be dangerous. Partner with trained local law enforcement when necessary to ensure victim safety.

# Call to freedom Services

## Client Services

- Case management
- Safety check
- Assessment
- Referral to collaborative entities
- Advocacy
- Legislation

## Marissa's Housing Project

- Admissions/expectations
- Supportive living (6 mos. – 2 years)
- Efficiency apartments
- Case management
- Referrals
- Occupational therapy
- Parenting

## What you can do:

- Develop protocols for your organization
- In an emergency:
  - Call 911
  - The National Human Trafficking Hotline:  
1-888-3737-888
  - Local Crime Stoppers



**Avera resources**



“We tend to think of human trafficking as a foreign issue, not something that could happen here, in our own back yards. But its’ a fast-growing problem in the United States, in every area, with no real defined demographic.”

Linda Foster

# Human Trafficking Protocol for Health Care Providers



## Conveying the right message:

- A. Talk to a potential victim alone and in a safe and confidential environment.
- B. Let patient know his/her safety is our first priority and we will provide him/her with the medical care he/she needs.
- C. Patient has a right to assistance and we can help him/her get that assistance.

## Look for indicators and proceed to protocols if present:

- Patient presents signs of physical or sexual abuse, medical neglect or untreated STDs.
- Patient shows signs of fear, anxiety, depression, nervousness, submission and avoids eye contact.
- Another accompanies patient and patient is not allowed to speak.
- Patient is hesitant to give details or there are discrepancies when asked about presenting medical conditions or injuries.
- Patient is under age 16, or unable to consent, and recruited to have sex or trade sex for money or something of value.
- Patient was forced or coerced to engage in commercial sex.
- Patient is unaware of his/her location (what city or state he/she is in).

## I. Follow protocol for child abuse or domestic violence:

- Provide a safe and comfortable area to treat patient's presenting medical needs.
- Notify resource/charge nurse of the situation.

## II. Patient screening questions asked by a nurse who has completed Human Trafficking Awareness training:

- Can you leave your situation if you wanted?
- Have you ever been forced to do work or engage in an activity you did not want to do?
- Have you ever been forced to have sex to pay a debt or in return for food, shelter or clothing?
- Has anyone threatened you or your family if you "told" or attempted to leave your situation?
- Have you been physically harmed in any way?
- Has your identification or documentation been taken from you?

## III. If the patient is under age 18 and has answered yes to ANY of the screening questions:

- Follow the child abuse protocol and mandatory reporting statutes.
- Assessor will contact security regarding security needs.

## IV. If the patient is age 18 and has answered yes to ANY of the screening questions:

- If patient wants to contact law enforcement, assessor will update security and assist patient in calling 911.
- If patient does not want to contact law enforcement:
  - Provide information so the patient knows how to get help.
  - Avera hospitals/clinics will provide assistance 24 hours a day, 7 days a week.
  - Local emergency number: 911
  - National Trafficking Hotline: 888-373-7888



# Additional Resources

- Catholic Health Association
  - <https://www.chausa.org/human-trafficking/overview>
  - Has on-demand recordings, network calls and much more!
- Catholic Health Initiatives
  - [What you need to know](#)
  - This resource has education for communities as well as health care providers



# Signs & Symptoms of Trafficking

“From Trafficked to Treasured” by Kelly R. Patterson

- Rebellion
- Disconnection from family and/or friends
- Depression or Anxiety
- Use of drugs or alcohol – specifically to blackout phase or to hallucinate
- Insecurity or self-hatred
- Sleep issues or frequent nightmares
- Sexualized or seductive behavior or attire
- Tattoos related to trafficking
- Unexplained weight loss
- Baffling cuts, bruises, burns
- Secretive relationships or social media contacts
- Unusual interest or attention towards your child by adult(s)
- Inexplicable exhaustion
- STDs
- Frequent health issues or lowered immune system
- Sudden loss in hygiene or extreme attention to hygiene
- Difficulty making direct eye contact with others
- Uncomfortable laughter or smiles
- Deception or secrets surrounding whereabouts (may not know which city you are in)
- Dark circles under the eyes or unexplained bloodshot eyes
- Extreme intrigue with sex and/or pornography
- Relationships with significantly older men and/or women
- Ties to criminal elements, criminal motorcycle clubs, or street gangs

*It should be noted that a single symptom or sign does not necessarily constitute a concern that someone is being trafficked. However, a combination of any of these may be a danger sign and should not be disregarded.*



# Signs in Homes, Offices, Hotels

This list was put together by a survey Kelly Patterson conducted with other survivors. It was constructed via input from survivors on the largest Commercial Sex Exploitation (CSE) survivor online group, and is one of a kind. Kelly does not claim that this is an exhaustive list, but it is certainly very thorough.

SIGNS TO LOOK FOR IN HOMES, OFFICES, HOTELS© 2019 by Kelly R. Patterson

- Unusual foot traffic in the home (*one survivor would double back to her house instead of attending school while parents were at work and then they came to her home to use her*).
- Extra security in place – is it designed more to keep people out or lock people in? Are there locks on the outside of bedroom doors? Locked basement doors?
- Cameras inside the house and outside?
- Rooms with mattresses only (*no dresser, sheets, etc.?*)
- Windows painted shut? Completely covered?
- Multiple people sharing a bedroom or a bathroom space (*especially if the home only claims one or two individuals living there*).
- TV, computer, or baby monitor placement that seems out of place (*especially if there are no other signs of an infant living in the home, i.e., cribs, diapers, etc.*).
- Panic rooms or rooms set aside or furnished differently than the rest of the house. These are often specifically set up for filming or hosting “clients”.
- Basements – torture rooms are commonly set up in basements. While the actual bondage and torture equipment may be out of sight, there may be unusually placed sturdy bolts/fixtures in the wall. Look for care batteries, duct tape, rope, chains, plastic wrap, visible strong ceiling beams, water basins or baby pool. (*These are suspect if found in unusually large amounts or if several of the items are present*).
- Animal cages with no animals present inside or outside of the home or building.
- Hotel rooms with outside individual entrances or that have both the inside and outside entrances (*especially those out of view of hotel cameras or front desk*).
- Unusually large quantities of money stacked (*while this would usually be hidden before your arrival, I have personally known of situations where the money was left out to “brag”*).
- Absence of normal amounts of home décor, food, and entertainment,
- Absence of normal clothing or normal sets of clothing (*especially concerning if there are only skimpy clothes, high heels, etc.*).
- While a couple of these items may be commonly found in homes where there is no trafficking, any combination of two or more may be suspect.

**If you routinely visit homes via your occupation, be aware and, if you suspect there is a victim or victims at any location, contact 911 or your local authorities.**

**Do not intervene in any way or let on that you are observing anything out of the norm. You may want to crack some heads if you see anything, BUT, we really have to understand that it’s super dangerous for those being exploited! Not only does it put them in danger, but the traffickers/pimps may move their operation.**



# Assessment in Meditech 5.67

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# Assessment for Every Patient

	<input type="radio"/> Yes <input type="radio"/> No <b>Comment</b>
Signs/Symptoms of Abuse/Neglect	<p>If the following is suspected provide a safe, comfortable, private area to treat the patient and continue documentation on the Violence/Human Trafficking Assessment.</p> <ul style="list-style-type: none"><li>* The patient presents with signs of physical/sexual abuse, medical neglect, and/or untreated STDs</li><li>* The patient shows depression, nervousness, submission, and avoids eye contact</li><li>* Another accompanies the patient and the patient is not allowed to speak</li><li>* The patient is hesitant to give details or there are discrepancies when asked about presenting medical condition or injuries</li></ul>
Do you feel safe at home	<p><input type="radio"/> Yes <input type="radio"/> No</p> <p><b>**Related to abuse, not physical environment.**</b></p>
Fall within past 3 months	<p><input type="radio"/> Yes <input type="radio"/> No</p>

# The Assessment

## Violence/Human Trafficking

### Violence/Human Trafficking Indicators

	<input type="radio"/> Yes	<input type="radio"/> No	Comment
Is violence/human trafficking suspected?			<p>Violence/Human Trafficking Indicators:</p> <ul style="list-style-type: none"><li>* The patient presents with signs of physical and/or sexual abuse, medical neglect, or untreated STDs.</li><li>* The patient shows signs of fear, anxiety, depression, nervousness, submission, and avoids eye contact.</li><li>* Another accompanies the patient and the patient is not allowed to speak.</li><li>* The patient is hesitant to give details or there are discrepancies when asked about presenting medical conditions or injuries.</li><li>* The patient is under age 16, or unable to consent, and recruited to have sex or trade sex for money or something of value.</li><li>* The patient was forced or coerced to engage in commercial sex.</li><li>* The patient is unaware of his/her location (what city or state he/she is in).</li></ul> <p>If violence/human trafficking is suspected, provide a safe, comfortable, and private area to treat the patient and continue with the Violence/Human Trafficking Patient Screening. Notify the appropriate resources such as the charge nurse of the situation.</p>



# The Assessment

Violence/Human Trafficking Screening		
Can you leave your situation if you want?	<input type="radio"/> Yes <input type="radio"/> No	<b>Comment</b>
Are you forced to work/engage in activity you don't want to?	<input type="radio"/> Yes <input type="radio"/> No	<b>Comment</b>
Are you forced to have sex to pay a debt?	<input type="radio"/> Yes <input type="radio"/> No	<b>Comment</b> Forced to have sex to pay a debt or in return for food, shelter, or clothing.
Have you been threatened if you told about your situation?	<input type="radio"/> Yes <input type="radio"/> No	<b>Comment</b>
Have you been physically harmed in any way?	<input type="radio"/> Yes <input type="radio"/> No	<b>Comment</b> If the patient answers yes to this question describe the physical harm in the comments.
Has your identification been taken from you?	<input type="radio"/> Yes <input type="radio"/> No	<b>Comment</b>

# The Assessment

Violence/Human Trafficking Protocol	
	<p><input type="radio"/> Yes   <input type="radio"/> No   <b>Comment</b></p>
Was the Violence/ Human Trafficking protocol followed?	<p>If the patient is under age 18 and has answered YES to ANY of the screening questions:</p> <ul style="list-style-type: none"><li>* Follow the child abuse protocol and mandatory reporting statues.</li><li>* Contact security regarding security needs.</li></ul> <p>If the patient is age 18 or older and has answered YES to ANY of the screening questions:</p> <ul style="list-style-type: none"><li>* If the patient wants to contact law enforcement, update security and assist the patient in calling 911.</li><li>* If the patient does not want to contact law enforcement, provide information so the patient knows how to get help.</li><li>* Avera hospitals/clinics will provide assistance 24 hours a day, 7 days a week.</li></ul> <p>National Trafficking Hotline: 888-373-7888</p>
Additional Information	
Additional Violence/Human Trafficking Screening Information	<input type="checkbox"/> Text

# The Protocol

Testblood,Bank      URGENT / Sexual Assault      DOB: 02/02/1980 34/F  
Allergy/AdvReac:      ED PRE ER      MK000007313 / MK00004159

Assessment		History
<input type="checkbox"/>	ED Adult Basic Assessment	
<input type="checkbox"/>	ED Confidential Patient	
<input type="checkbox"/>	ED Violence/Human Trafficking	Required for Sexual Assault
<input type="checkbox"/>	ED Isolation Assessment	
<input type="checkbox"/>	ED Phys Call/Arrival Times	Required for Sexual Assault
<input type="checkbox"/>	ED Pain Assessment	
<input type="checkbox"/>	ED PHI Disclosure	
<input type="checkbox"/>	ED Adult Past Medical History	
<input type="checkbox"/>	ED Severe Sepsis Screen	Required for Sexual Assault
<input type="checkbox"/>	ED Sexual Assault Assessment	
<input type="checkbox"/>	ED Triage Assessment	Required for Sexual Assault
<input checked="" type="checkbox"/>	ED Vital Signs	28 days

Treatment		History
<input type="checkbox"/>	ED Cardiac Monitoring	
<input type="checkbox"/>	ED I&O Assessment	
<input type="checkbox"/>	ED In Room	Required for Sexual Assault
<input type="checkbox"/>	ED IV Assessment/Care	
<input type="checkbox"/>	ED Lab Drawn	
<input type="checkbox"/>	Med Rec Completed	Required for Sexual Assault
<input type="checkbox"/>	ED Oxygen Application	
<input type="checkbox"/>	ED Continuous Pulse Oximeter	

Merck Med Vouchers/Coupons  
Micromedex  
NICU BILI TOOL  
NICU Discharge  
NICU Drug Reference  
Nursing Policy/Procedures  
Nutrition Care Manual  
Nutrition Data  
Patient EDI

Tracker  
Allergies  
Reception  
Interventions  
Room/Staff  
Advance Status  
Notes  
eMAR  
Order  
Order List  
Register  
Admit  
Obs Admit  
Depart  
Packet  
Pref Pharmacy  
EMR  
Summary Rpt  
Patient Data  
Reconcile Med  
Pt Ed  
Consent Forms  
Transfusions  
Reminders

Add Document Document Spreadsheet Edit Undo View Print

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# Assessment in Expanse

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# Assessment for Every Patient

<b>Admission Abuse</b> ✓	
Abuse	
*Do you feel safe at home Safe at home additional information	<input type="radio"/> yes <input type="radio"/> no <input type="radio"/> unable to answer
*Suspected abuse/neglect Suspected abuse/neglect additional information	<input type="radio"/> Yes <input type="radio"/> No * Based on nursing assessment or observation, ie. unusual bruising, ulcer, fracture.

# If Nurse Suspects Abuse, Violence, or Trafficking

<b>Violence/Trafficking</b> ✓	
Violence/Trafficking	
Suspected violence/human trafficking	<input type="radio"/> Yes <input type="radio"/> No Comment: * The patient presents with signs of physical and/or sexual abuse, medical neglect, or untreated STDs. * The patient shows signs of fear, anxiety, depression, nervousness, submission, and avoids eye contact. * Another accompanies the patient and the patient is not allowed to speak. * The patient is hesitant to give details or there are discrepancies when asked about presenting medical conditions or injuries. * The patient is under age 16, or unable to consent, and recruited to have sex or trade sex for money or something of value. * The patient was forced or coerced to engage in commercial sex. * The patient is unaware of his/her location (what city or state he/she is in).
Can you leave your situation if you want	<input type="radio"/> Yes <input type="radio"/> No Comment:
Are you forced to work/engage in activity you don't want to	<input type="radio"/> Yes <input type="radio"/> No Comment:
Are you forced to have sex to pay a debt	<input type="radio"/> Yes <input type="radio"/> No Comment: * Forced to have sex to pay debt or in return for food, shelter, or clothing.
Have you been threatened if you told about your situation	<input type="radio"/> Yes <input type="radio"/> No Comment:
Have you been physically harmed in any way	<input type="radio"/> Yes <input type="radio"/> No Comment: * If yes, describe physical harm in comments.
Has your identification been taken from you	<input type="radio"/> Yes <input type="radio"/> No Comment:
<b>Results</b>	
Violence/Trafficking screening result	* If violence/human trafficking is suspected, provide a safe, comfortable, and private area to treat the patient and continue with the Violence/Human Trafficking Patient Screening. Notify the appropriate resources such as the charge nurse of the situation.
<b>Additional Information</b>	

# External Links and Resources

No Reference List Items Available.

\* Search String

\* Reference

## External Links

[A Foundation Patient Referral](#)  
[AMG Guidelines and Algorithms](#)  
[Alaris PAA Link](#)  
[Bili Tool](#)  
[CDC VIS](#)  
[Clinical Operation Programs](#)  
[Cultural Care](#)  
[Dialysis Reports](#)  
[HME](#)  
[Health Tracker Support Staff](#)  
[Krames on Demand Education](#)  
[MCK Antibiogram](#)  
[Med Vouchers Merck](#)  
[Micromedex](#)  
[One AveraChart Tip Sheets](#)  
[SA Policy Manuals](#)  
[SHH Policies](#)  
[Therapy:MCK Physician Protocol](#)  
[Therapy:QOP Physician Protocol](#)  
[Time Out Report](#)  
[Up to Date](#)

“The health care community must become more engaged in increasing the recognition of trafficked women and girls in health care settings, in provision of appropriate services, and in helping shape public policy to address what is one of the most disturbing health issues of our time.”

-Chris Beyrer



## For more information/case management

- Call to Freedom
  - (605) 221-4857
  - <http://www.calltofreedom.org/>
  - 1800 W 12<sup>th</sup> St Suite 100
    - Sioux Falls, SD 57104



Questions?