Women's Health Master Class

Women's Health Master Class - Hormone Therapy and Breast Cancer -11/12/2026

11/12/2026 at 12:00 PM to 11/12/2026 at 01:00 PM

Live Activity

Purpose:

This series is designed to bring members of the members of the Obstetric and Gynecologic team together to learn with and from each other regarding topics that cover menopause, perimenopause, symptom management, diet and exercise, and considerations to provide holistic care for patients.

Objectives:

1 Discuss the relationship between menopause management and breast cancer risk across diverse patient populations.
2 Determine hormonal and non-hormonal approaches to treating menopausal symptoms in patients at increased risk for or with a history of breast cancer.
3 Apply shared decision-making techniques to optimize symptom management, sexual health, and quality-of-life outcomes

Target Audience:

Physician, Nurse - RN, Nurse -LPN/LVN

For successful completion:

- Attend education
- Complete evaluation

Accreditation & Credit Designation:

Accreditation

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)

IPCE CREDIT™

IPCE (Team-based): This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

Medicine CME: Avera designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.
Nurse CE: Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER Attendance can be texted up to 24 hours after the activity

Avera

Additional Information:

- Feedback person for this educational activity is: kelly.boyd@avera.org

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kate Boos, MD, Physician	Content Expert - Committee Member	Nothing to disclose - 09/08/2026
Kelly Boyd, MSN	Lead Planner	Nothing to disclose - 03/19/2026
Kimberlee McKay, MD	Content Expert - Committee Member	Nothing to disclose - 01/16/2026
Tricia Merrigan, MD	Faculty	Nothing to disclose - 05/20/2026
Lindsey Meyers, Administrator	Committee Planning Member	Nothing to disclose - 07/10/2026
Susan Okoniewski-Philips, MD	Content Expert - Committee Member	Nothing to disclose - 09/08/2026
Juanita Ruiter	Committee Planning Member	Nothing to disclose - 10/08/2026
Catherine Schiltz, DO	Content Expert - Committee Member, Faculty	Nothing to disclose - 08/05/2026
Annette Siewert, MD, FACOG	Content Expert - Committee Member, Faculty	Stocks or stock options, excluding diversified mutual funds-Cega - 08/28/2026