

2025 Avera vLEAD Leadership Series

2025 Avera vLEAD Leadership Series - Lead Myself, Lead My Team - Leadership Anxiety is a Thing

12/17/2025 at 12:00 PM to 12/17/2025 at 12:50 PM

Live Activity

Purpose:

Avera's vLEAD Leadership Development Series is just-in-time content for your leadership development needs. These sessions are based on content intended to equip you with skills, insight, and knowledge to empower you to Lead Myself, Lead My Team, and Lead Avera. Avera vLEAD sessions will incorporate internal content experts, intentional leadership topics, and focused attention to what leaders need, now. Sessions will be held virtually each month, with recording options as possible but not guaranteed. Live attendance is encouraged for virtual connection to fellow leaders, colleagues and access to information at the system level. Tactical leadership, leadership thought and concepts, and personal professional development.

Objectives:

- 1 Explore the role of anxiety in leadership and teams.
- 2 Reflect on personal and shared experiences of anxiety and how this can present in leadership journeys.
- 3 Identify practical strategies for managing anxiety.

Target Audience:

Physician, Nurse - RN, Nursing Facility Administrator, Social Worker, Counselor / Therapist, Executive Leader, Director, Manager, CEO, Nurse -LPN/LVN

For successful completion:

- Attend education
- Complete evaluation

Accreditation & Credit Designation:

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)

Medicine CME: Avera designates this live activity for a maximum of 0.75 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Nurse CE: Avera designates this activity for a maximum of 0.75 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER

Attendance can be texted up to 24 hours after the activity



SD State Board of SW: Avera Health Provider #1029 is an approved provider of continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive 0.75 continuing education clock hour(s) for participating in this course.

Counselors, Marriage and Family Therapy (SD Board of Examiners): Avera is a recognized provider of continuing education, for all counseling related content, for the South Dakota Board of Examiners for Counselors and Marriage and Family Therapists. Social Workers will receive 0.75 continuing education clock hour(s) for participating in this course.

Nursing Facility Administrator: Avera is an approved provider of continuing education for South Dakota through the South Dakota Board of Nursing Facility Administrators. This educational activity is approved for 0.75 hour(s) for nursing facility administrators.

Additional Information:

- Feedback person for this educational activity is: ROBYN.EWALT@avera.org

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kelly Boyd, MSN, Nurse	Committee Planning Member	Non-Clinical Exception
TANYA DIETRICH, BA RT(R)(M)	Committee Planning Member	Non-Clinical Exception
ROBYN EWALT, BA, Talent Development Consultant	Lead Planner	Non-Clinical Exception
Jodi Hepperle, LSW, LAC, Social Worker	Committee Member	Non-Clinical Exception
Debbie Kooiker, BA, consultant	Content Expert - Committee Member	Non-Clinical Exception
Faith Minnich Kjesbo, MA	Faculty	Non-Clinical Exception
Tracy Olson, MS, SPHR, SHRM-SCP	Committee Planning Member	Non-Clinical Exception
Jason Pettigrew, EdD	Committee Planning Member	Non-Clinical Exception
Vonda Reed, A.S. Accounting, Administrator	Committee Planning Member	Non-Clinical Exception
Laura Woolverton, SW	Content Expert - Committee Member	Non-Clinical Exception

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