

2025 Avera Orthopedics and Sports Medicine Educational Updates

2025 Avera Orthopedics and Sports Medicine Educational Updates - 9/24/2025--Pelvic Health: Post-Partum Female and the Active Female presented by Staci Wietfeld DPT, OCS, PRPC and Julia Schlekeway, PT

09/24/2025 at 12:00 PM to 09/24/2025 at 01:00 PM

Live Activity

Purpose:

This series is designed to provide evidence based monthly educational opportunities to orthopedic and sports medicine health care professionals.

Objectives:

- 1 Identify pelvic health concerns in post-partum women: incontinence, pelvic pain, urgency, constipation and dyspareunia.
- 2 Describe the role of PT in the eval and treatment of pelvic floor dysfunction, w/ emphasis on physical therapy interventions.
- 3 Recognize appropriate referral indicators for PT in patients with pelvic health concerns and facilitate interdisciplinary care.

Target Audience:

Physician, Nurse - RN, Athletic Trainer, Medical Assistants, Nurse -LPN/LVN

For successful completion:

- Attend education
- Complete evaluation

Accreditation & Credit Designation:

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)



IPCE CREDIT™

IPCE (Team-based): This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

Medicine CME: Avera designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Nurse CE: Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER

Attendance can be texted up to 24 hours after the activity





Athletic Training CE: Avera (BOC AP#: JA0008079) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 1.00 Category A hour(s)/CEU(s). ATs should claim only those hours actually spent in the educational program.

Medical Assistant: This program has been granted prior approval by the American Association of Medical Assistants (AAMA) for 1.00 continuing education unit(s). Granting approval in no way constitutes endorsement by the AAMA of the program content or the program provider. Attendance for this activity will be submitted directly to the AAMA.

Additional Information:

- Feedback person for this educational activity is: dustin.gebur@avera.org

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Dustin Gebur, MEd, ATC	Lead Planner	Nothing to disclose - 08/27/2025
Staci Wietfeld, DPT, OCS, PRPC	Faculty	Nothing to disclose - 09/09/2025
Julia Schlekeway, PT	Faculty	Nothing to disclose - 09/12/2025
Mark Ponstein, DPT	Content Expert - Committee Member	Nothing to disclose - 01/31/2025
Catherine Robinson, AAS	Committee Member	Nothing to disclose - 08/14/2025
Jonathan Buchanan, MD	Content Expert - Committee Member	Nothing to disclose - 08/25/2025
Hannah Buus, BSN	Lead Planner	Nothing to disclose - 10/10/2024
Jessica Kober, BSN	Committee Planning Member	Nothing to disclose - 10/02/2024
Heidi Williams, BS Ed	Committee Planning Member	Nothing to disclose - 08/25/2025
Cassandra Dominguez, MA	Committee Planning Member	

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