

2023 Avera Orthopedics and Sports Medicine Educational Updates

2023 Avera Orthopedics and Sports Medicine Educational Updates - 5/24/2023-- Low Back Pain in Athletes--Presented by Kristin Boe, DPT, PT, ATC, OCS

Live Activity

5/24/2023 12:00 PM to 5/24/2023 1:00 PM – Virtual

Purpose

This series is designed to provide evidence based monthly educational opportunities to orthopedic and sports medicine health care professionals.

Physician Objectives

- 1 Be familiar with treatment based classification
- 2 Understand how regional interdependence can play a roll in back pain
- 3 Recognize the differences in low back pain between athletes and the general public

Outcome

Target Audience

Professions – Physician, Nurse - RN, Athletic Trainer, Physical Therapist

Specialties – Sports Medicine

Completion Requirements

To record attendance and obtain CE credit, you must have an Avera CE Portal Profile.

You must bring your mobile phone: Attendance will be recorded via text message.

For directions, visit: <https://avera.cloud-cme.com/about/help?P=2000>

Accreditation & Credit Designation

Physicians

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00 AMA PRA Category 1 Credits(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (NCPD)

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon completion of this education activity. Attendance at the entire educational activity is required to receive contact hours.

Athletic Trainers



Avera (BOC AP#2910) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of **1.00** Category A Hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Other Professionals

Avera has approved this educational activity for **1.00** contact hours.

Disclosure Policy

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Jessica Kober, BSN	Committee Planning Member	Nothing to disclose - 10/26/2022
Heidi Williams, BS Ed	Committee Planning Member	Nothing to disclose - 10/25/2022
Jonathan Buchanan, MD	Content Expert - Committee Member	Nothing to disclose - 10/27/2022
Mark Ponstein, DPT	Content Expert - Committee Member	Nothing to disclose - 10/24/2022
Kristin Boe, ATC	Faculty	Nothing to disclose - 05/15/2023
HANNAH BUUS, BSN, RN	Lead Planner	Nothing to disclose - 10/26/2022
Dustin Gebur, MEd, ATC	Lead Planner	Nothing to disclose - 04/10/2023

