

# 2023 Avera Orthopedics and Sports Medicine Educational Updates

## 2023 Avera Orthopedics and Sports Medicine Educational Updates - 3/22/2023-- Spine Orthobiologics: Stem Cell and PRP in the Axial Skeleton presented by Dr. Jonathan Buchanan

Live Activity

3/22/2023 12:00 PM to 3/22/2023 1:00 PM – Virtual

### **Purpose**

This series is designed to provide evidence based monthly educational opportunities to orthopedic and sports medicine health care professionals.

### **Physician Objectives**

- 1 Understand the basic biology of Orthobiologics
- 2 Understand the concept of spine pain generators in the treatment of back pain
- 3 Determine the role of Orthobiologics in spine procedures

### **Outcome**

### **Target Audience**

**Professions** – Physician, Nurse - RN, Athletic Trainer, Physical Therapist

**Specialties** – Sports Medicine

### **Completion Requirements**

To record attendance and obtain CE credit, you must have an Avera CE Portal Profile.

You must bring your mobile phone: Attendance will be recorded via text message.

For directions, visit: <https://avera.cloud-cme.com/about/help?P=2000>

### **Accreditation & Credit Designation**

#### **Physicians**

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00 AMA PRA Category 1 Credits(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Nurses (NCPD)**

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon

completion of this education activity. Attendance at the entire educational activity is required to receive contact hours.

### Athletic Trainers



Avera (BOC AP#2910) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of **1.00** Category A Hours/CEUs. ATs should claim only those hours actually spent in the educational program.

### Other Professionals

Avera has approved this educational activity for **1.00** contact hours.

### Disclosure Policy

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

| Name of individual      | Individual's role in activity              | Name of Ineligible Company(s) / Nature of Relationship(s) |
|-------------------------|--|---|
| Jessica Kober, BSN      | Committee Planning Member                  | Nothing to disclose - 10/26/2022                          |
| Heidi Williams, BS Ed   | Committee Planning Member                  | Nothing to disclose - 10/25/2022                          |
| Mark Ponstein, DPT      | Content Expert - Committee Member          | Nothing to disclose - 10/24/2022                          |
| Jonathan Buchanan, MD   | Content Expert - Committee Member, Faculty | Nothing to disclose - 10/27/2022                          |
| HANNAH BUUS, RN         | Lead Planner                               | Nothing to disclose - 10/26/2022                          |
| Dustin Gebur, MSED, ATC | Lead Planner                               | Nothing to disclose - 04/25/2022                          |

