# **Avera Sports Medicine Educational Updates 2022**

Avera Sports Medicine Educational Updates - Hip Pain in the Athlete presented by Dr. Dustin Volkmer - 12/21/2022 12:00-1:00 pm

Live Activity

12/21/2022 12:00 PM to 12/21/2022 1:00 PM – Virtual (WebEx or Zoom)

## **Purpose**

This series is designed to provide evidence based monthly educational opportunities to sports medicine health care professionals.

# **Physician Objectives**

- 1 Identify evidence based information utilized to provide better care for the patients.
- 1 Identify 3 main sources of pain about the hip in the athletic population.
- 2 Understand diagnostic methods and challenges for hip pain in the athlete.
- 3 Describe treatment options for common sources of pain including soft tissue strains, core muscle injury and femoracetabular impingement.

# **Nursing Objectives**

1 Identify evidence based information utilized to provide better care for the patients.

# <u>Outcome</u>

# **Target Audience**

**Professions** – Physician, Nurse - RN, Athletic Trainer, Nurse - Nurse Practitioner, Physician Assistant, Physical Therapist, Chiropractor, Nurse -LPN/LVN

# **Completion Requirements**

To record attendance and obtain CE credit, you must have an Avera CE Portal Profile.

You must bring your mobile phone: Attendance will be recorded via text message.

For directions, visit: https://avera.cloud-cme.com/about/help?P=2000

# **Accreditation & Credit Designation**

### **Physicians**

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00** AMA PRA Category 1 Credits(s) $^{TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nurses (NCPD)

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon completion of this education activity. Attendance at the entire educational activity is required to receive contact hours.

### **Other Professionals**

Avera has approved this educational activity for **1.00** contact hours.

## **Disclosure Policy**

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
IIONATNAN KIICNANAN IVII)	Content Expert - Committee Member	Nothing to disclose - 10/27/2022
Dustin Volkmer, MD	Faculty	Nothing to disclose - 11/01/2022
Dustin Gebur, MSEd, ATC	Lead Planner	Nothing to disclose - 04/25/2022
HANNAH BUUS, RN	Nurse Planner	Nothing to disclose - 10/26/2022



